

**PADDLER PROFILE
2009 FENN CUP OCEAN SERIES**

Kate McGrath



Place of Birth: Manly

Married / Kids / Pets: I have a dog, Tiga

Occupation: Marketing / Magazines

Nick Name: Katie / Caddie

Type of Craft: Dolphin Spec Ski

Career Highlights: 8th in K1 at the Marathon Canoeing World Cup earlier this year

Favorite food before a race: Vegemite toast

What does your weekly training entail?

I Kayak every morning at Narrabeen Lake with Guy Wilding's squad, in the afternoons I do either a gym, running session or surf ski at Collaroy Surf Club and Sundays are a lazy day of leisure.

Biggest Weakness: Chocolate!

Favorite pass time: Trying to surf on my mini mal and movies.

What is the most frustrating or difficult sport you have ever tried: Fishing, until you catch one.

Comments:

I'm looking forward to the Fenn cup, it should be great racing especially with the afternoon down wind format. Bring on the sunny days and swell.