

## PADDLER PROFILE 2009 FENN CUP OCEAN SERIES



### **Dave Kissane**

**Place of Birth:** Sydney, Australia

**Married / Kids / Pets:** Married with 2 kids - Kirra and Rory

**Occupation:** Financial Advisor

**Nick Name (s):** Nothing complimentary so lets just stick with DK

**Type of Craft:** Epic Skis and Paddles

**Career Highlights:** Having the opportunity to race internationally against the best South Africans over the last 5 years. The best of these races was probably in Capetown 2004. Incredibly tight racing around amazing coastline. All the Perth races (very competitive and great fun). Seeing the sport develop in Australia and attract guys back into the competition after many years of hibernation. Overall, the general vibe of racing hard but more importantly having a few coldies after the race around a warm fire - ala. Byron Bay July 2009 - more of these please.

**Favorite food before a race:** After 25 years I have finally concluded that what you eat is largely irrelevant (to race performance). Maybe pizza/pasta/nachos washed down with with a bit of red.

**What does your weekly training entail?** 3 or 4 sessions a week plus a couple of other things - could be runs, surfing, swimming. Do a couple of downwinders a week during summer.

**Biggest Weakness:** Sprinting - usually miles behind after the first hundred or so - unless one of the guns (cotter, slossy, TJ, MUZ) falls off and I can find a wash for a while.

**Favorite pass time:** Golf and SUP (novelty hasn't worn off yet).

**What is the most frustrating or difficult sport you have ever tried:**

**Comments:** Good on Dougy and Deano for putting these races on. They are probably using the best downwind courses on the Northern Beaches. Hopefully it gets big and nasty so the old dogs at least have a chance of mixing it with the superstars.

