



# LONG REEF RECORDER

LATEST NEWS & EVENTS

newsletter March 2004

## Long Reef Member takes out NSW Surf Life Saver of the Year award



Kristie Thomas was chosen as one of three NSW Finalists for NSW Volunteer of the Year. Doug Lucas was awarded NSW Surf Life Saver of the Year and finalist for Australian Surf Life Saver of the Year. This magnificent achievement is a first for Long Reef SLSC.

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## Events

# STEP INTO LIQUID

**Friday 23<sup>rd</sup> APRIL  
7.30pm**

Surfers young and old, friends and family, will enjoy this movie by Dana Brown, "**Step into Liquid**".

Described as-

"The insanely gorgeous competition documentary on surfing obsession, Step Into Liquid will send you into a dream state."

"The film's graceful and stunning high-def shots transported viewers to some of the most beautiful beaches in the world"

Join Long Reef SLSC for it's special presentation of this movie at the Dee Why RSL on 23 April 2004 in the auditorium from 7.30pm.

Longy has been able to arrange a very special, one off, screening this film.

The evening will be kicked off with **Malt Shovel Brewery** beer tasting, including nibbles.

**"Step into Liquid"** will commence at 8.30pm.

At the conclusion of the movie there will be post screening drinks so you can discuss the size of that wave!!

All this is included in the ticket price of \$30 per person.

Tickets to be purchased by phoning 9454 4000 and using your credit card, or purchased at the Lower Desk of the Dee Why RSL Reception Desk. If you can't make it into the RSL then send you cheque, payable to LRLSC to 44 Clanville Road ROSEVILLE NSW 2069 and time allowing tickets will be posted out to you or available for collection at the Auditorium door on the night - Tickets are on sale now!

TO MAKE THIS EVENING A SUCCESS FOR THE CLUB EVERYONE SHOULD COME ALONG, SO IF YOU HAVE A WORK MATE THAT LOVES A SURF/BEER THEN GET THEM ALONG.

For all enquiries, or more invites to distribute, please phone Mary-Ann on 0428 408 754.

SEE YOU THERE.....

### **Annual Dinner and Presentation Night Saturday 22 MAY 2004**

Long Reef SLSC end of Season Dinner and Presentation- 22<sup>nd</sup> May at Dee Why RSL

Mark it in your diary, more details later....



**Above: End of year Dinner 2002**

### **Longy Chocolate Drive**

A big thank you to all the Club members who have supported the chocolate drive – the response has been very encouraging at last count the club was a little over \$5,000 on the positive side which is a timely injection of funds. A massive thank you to Ruth Erby for co-ordinating this fundraising initiative and also to Kath Cox for keeping the bank tellers smiling as she counted many thousands of \$ of change. Now there is still some outstanding money to come in from members so please take the time to send in a cheque for your chocolates and make sure that the effort on behalf of the whole club delivers the best possible financial result.



# From the Club Captain

## Club captain report

As the season rolls on it is almost time to reflect on the tremendous work from so many within the club both at club level and also within our branch. But there are still 5 weeks of patrol left and we must continue to maintain our presence on the beach just a bit longer. As winter sport comes along please remember our patrolling responsibilities and contact your Patrol Captain if you are unable to attend and remember to arrange a sub.

We are still in-line to receive a large number of patrol inspections in the final weeks so let's maintain our excellent standard. We are well on track to make Long Reef SLSC is the Branches Most Outstanding Club this season so lets finish on a strong note.

Congratulations to all those new Bronze Medallion and SRC's award holders from who join our patrolling ranks as well as the numerous ARC holders, IRB Drivers etc. Fantastic stuff.

A huge thank you to Robbo and Kristie and their team –Dave, Mem and Belinda for helping out with recent training of squads. This is the clubs largest ever year in training, surpassing last years efforts. As a club we have come close to 200 awards not including Shore School which is amazing considering the size of our club.

Recently Kristie Thomas was recognised by SLS NSW and chosen as one of 3 NSW Finalists for Volunteer of the Year, 2003. Kristie's work behind the scenes in areas of fundraising (last seasons Chocolate drive), assisting in the running of nippers, training numerous squads for various awards, youth development and leadership assisting in the running of cadets, acting as a role model, being the longest serving active female in the club with 10 years of patrolling and her competitive spirit set a fine example for all the club to follow. Kristie will be I am sure a future leader within SLS and who knows perhaps the first female President of Long Reef SLSC.

On a final note let's support our upcoming social events. There are two great social events just around the corner with **Step into Liquid** appearing at Dee Why RSL and also our **Annual Dinner**. Please support these nights and stay involved in our club. If there is one thing that I have learnt is that the club and its members are the most important thing in lifesaving. Regardless of all the money thrown in by sponsors, it is people which will make or break a club success. We have the right people at Long Reef, which makes it such a fantastic place. So bring your mates from far and wide and share in what will be two wonderful nights.

Doug Lucas  
Club Captain.



Above: Doug receiving Surf Life Saver of the Year finalist award at National Championships

Below: Kristie receiving award at State Championships



Doug Lucas  
Club Captain



# Reef Fit

# Social Paddling

## Reef-Fit

Reef Fit is an idea that has evolved over the past weeks within the ranks of the surf club. What it entails is a bunch of clubbies getting fit.

Although a structure has not been put in place hopefully it will be up and running by late April. Because it is such a new idea all feed back is welcome as well as participants. So far it will be having the gym available at times so a group can work out together. Hopefully this will branch out into fitness on the beach or in fact specialty training such as swims runs and board.

Remember it is your club and any ideas or needs can be satisfied by just announcing them. So if you are interested please contact myself either through email or telephone.  
thomas.rees@uts.edu.au  
Tom Rees  
Vice-Captain



From Left: Mike Horin, Pete Debney, James Lumsdaine enjoying a training session

## Social Paddling 2004

For those interested we are recommencing social ski paddling at Longy every Saturday morning at 8am from the club. The club recently purchased another two single skis and a double ski as well as several paddles so there is plenty of equipment for those interested in learning the art of catching a wave or just sitting on it. If you are just learning don't take one of the new skis as they will get damaged very quickly this way. Take one of the older ones. These are a lot easier to balance anyway and a lot more solid when you come off.

A huge thank you to Scott Hill for his work in the shed again and we now have the capability to store up to 19 skis in the club. The storage of these skis will be based on people actually using the skis on a regular basis. Please when using the new skis look after them they are very expensive to replace. Wash all the sand off them and drain them free of water. Don't drag them over the sand or over the rack and have somebody help you when getting them down or putting them away. It is most important when paddling to use a bung and to inflate the ski before its use so as not to crack the seams and prevent the ski expanding in the cold or heat like a plastic bottle. If you are unsure of what I mean ask Doug Lucas. At the completion of paddling put the bung back. I have placed several bungs in a container next to the paddles. So enjoy. See you Saturday mornings



Top: Doug on a social paddle!  
2<sup>nd</sup> Top: the new "pearso" surf boat  
2<sup>nd</sup> Bottom: patrol competition team  
Bottom: "The Gang"



# DYRSL

# Nippers

# Gear

## Join Dee Why RSL



PLEASE JOIN Dee Why RSL and enjoy their great facilities and help make money for Long Reef SLSC. The more members who sign up the more money our Surf Club will receive! Dee Why RSL's funding is based on how many members join up and keep their membership current.

This season the Club will receive \$15,000 from DYRSL if we can sign up 100 new members (40 to go!).

This is the start of a very important relationship for our Club so please sign up for the 10 deal at DYRSL (a bargain at \$40!, membership form enclosed). Please send your form back to LRLSLSC at PO Box 214 Collaroy and we will take them down to DYRSL.



## Nipper News

The Longy Nippers sent a team to the State titles for the first time this year. A small team of 20 competitors and parents ventured down to Shellharbour from for the 3 day carnival from February 27 - 29. A large swell which led to the competition moving between 3 different beaches didn't dampen the enthusiasm and a great time was had by all. We also achieved some excellent results with two of our team reaching State Finals and six getting to semi-finals. The results were as follows:

### FINALISTS

Andrew McLachlan - U9 boys surf  
Grace McLachlan - U10 girls surf

### SEMI-FINALISTS

Claudia Longrenn-Hall - U8 girls sprint  
Megan Lutze - U8 girls sprint  
Tamsin Eadie - U13 girls flags  
Lauren Weatherley - U11 girls flags  
U13 girls beach relay (Tamsin Eadie, Emma Lutze, Monique Selosse, Ashley McAlinden)  
Andrew McLachlan - U9 boys board

Congratulations to all those that competed and a big thank you to our carnival organising team, Lindy Hardcastle, Will Hardcastle and Seamus Redmond.



## Quad Bike



Longy has been successful in its application for a new YAMAHA Quad bike as part of the \$ for \$ grant scheme arranged by Surf Life Saving Australia which distributed \$250,000 worth of equipment to Clubs around Australia. The cost of the new Quad to the Club will still be a little over \$6,000 so lets all make 100% sure we look after the new bike and make it last as long as possible. The old bike will see out this season and then be retired to greener pastures. A Very Big Thanks to Yamaha!

## Longy Clubhouse Redevelopment

The building committee has been busy and the clubhouse is now looking a treat, also plans have now been drawn up for discussion prior to the Club submitting a Development Application for increased storage and a second story on the Clubhouse. If you have some good ideas or contacts who may be able to help us out with the redevelopment please contact Bruce Gaal or Dave Watson ASAP.



# Competition

## Branch Championships

Longy's Nippers put in a very solid performance at the Branch Championships at Palm Beach bringing home a handful of medals. It is great to see the enthusiasm and talent in our younger ranks, congratulations to all those who participated and a big thank you to all the parents and friends who made sure the day ran smoothly.

In the senior ranks Longy had representation in the First Aid competition, the lifesaver relay, the patrol competition, on the beach sprint track, in the swim area, and in surf boats. The outstanding result would have been in the patrol competition where our team had a silver medal locked away prior to a last minute disqualification for incorrect touching of the swim bouy (rules are rules but it was a hash call!)

## State Championships

An outstanding result with Doug Lucas taking out SLSNSW Lifesaver of the year and Kristie making the top 3 in SLSNSW Volunteer of the year! Super effort guys its nice to see your recognised for the enormous contribution that you make.

Our boaties enjoyed a good carnival with our reserve grade crew of James Lumsdane, Jason Benn, Andrew Robson, and Jonathan Debney swept by Ross Jenkins just missing out on the quarter finals and the Longy Chicks crew Lindsay Dowset, Emma, Sam Black and Jill Tipping

catching one of the best waves of the day (Coxy there is a wave, COXY THERE IS A WAVE.....) The draw was a little unkind to Kath's reserve grade crew (Doug, Digsly, Nude) when they ended up in a super fast heat with top class crews including the crew which went on to be the state Gold medallists!

## National Championships

The pilgrimage to the Gold Coast was greeted with small surf for the reserve grade and women's boat events. Most heats were extremely close and Kath's crew found themselves in very good rowing form progressing through to the 4<sup>th</sup> heat of Reserves. It was nice to once again see a few Queenscliff boaties shaking their heads and trying to figure out how they were once more shown the way to the finish line by our Longy crew with a chick stroking!)

The Longy Chicks crew showed good form and I am sure they have enjoyed their first Aussie championship. They also looked great in their new kit (nice work Sam!) and I'm sure their sponsor, **Tasman** clothing, would be very happy.

## A great year of Nippers

The official Nippers season finished recently and on behalf of all members of the Club I would like to offer our thanks to Scott and his team for running the junior activities side of the Club in such a professional manner. We realise that there are many hands that play important parts in a nippers season from Karina with the uniforms to the every present water safety team. **Top Effort** on all fronts, enjoy a sleep in on Sunday mornings and we look forward to having all the old faces and plenty of new ones next season. Congratulations also to all the nippers who participated and enjoyed the season!

## New Surf Boat

The new Veolia Water surf boat took to the water in February, so once again a big thank you to the management of Veolia Water for their generous support. The boat looks fantastic and goes just as well.

